



# The Witness

July 2010

## Red Bank United Methodist Church

redbankumc.org



*Your Word have I treasured in my heart...*

**Psalm 119:11**

*Pastor Jeff*

Galatians 5:16-18

*16 But I say, walk by the Spirit, and you will not carry out the desire of the flesh. 17 For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please. 18 But if you are led by the Spirit, you are not under the Law. NAS*

Starting Sunday July 11, I will be preaching a sermon series called The Civil War of The Soul. We know we are to live right and are called to a life of holiness, but how do we become holy? How does God work holiness into our life? How do we deal with the flesh/Spirit struggle that takes place within all of us? The Great German theologian Dietrich Bonhoffer wrote in his book The Cost of Discipleship, "When Christ calls a man he bids him come and die." What does it mean to die to self? How do we die to self and surrender our lives completely into God's hands? How do we get the victory over the sins that easily entangle us? How can we live above our fleshly nature? How can we use the spiritual weapons God has given us to battle sin in our life? We are going to dig deeply into the Word and discover some of the deep things of God. If you know someone with an addiction, whatever it may be, this sermon series will help them understand the root of their problem and a way out of their dilemma. Come prepared to be challenged, convicted and changed as the Holy Spirit moves in your heart and life.

### To Save A Family Campaign

**Sunday Evenings in August and September**  
**5:00 Small Groups**  
**6:15 Church Dinner**  
**7:00 Worship Service**  
Details to follow...



Check out the website at  
[redbankumc.org](http://redbankumc.org)

### TO SAVE A FAMILY

Families are under pressure! In the face of divorce, financial struggles, hectic schedules and peer pressure, raising a strong family can be tough.

At Red Bank UMC, we understand; that's why we are starting a special seven-week series called *To Save A Family*. The series features inspiring scenes from the movie *To Save A Life* and messages that will help you understand one another, fight fair, forgive and leave a legacy.

Join us and start building stronger, more enduring relationships this August 1 at 7 pm. Transportation available by calling the church.

### A Healthier You!

**Psalm 139:14**

"I praise you because I am fearfully and wonderfully made....I know that full well"

Know that you are a physical miracle from God (Psalm 139:11); therefore, empower yourself with healthier behaviors!

#### Body Mass Index (BMI)

Body mass index is a number calculated from your weight and height. It is a fairly reliable indicator of body fatness for most people. A BMI value is an inexpensive and easy-to-perform method of screening for weight categories that could indicate health problems. Challenge your knowledge to discover your BMI by visiting this site:

[http://www.cdc.gov/healthweight/assessing/bmi/adult\\_BMI/index.html](http://www.cdc.gov/healthweight/assessing/bmi/adult_BMI/index.html)



We are a caring family seeking God's direction through prayer to reach the lost and grow through Christ, for Christ and in Christ.

Rev. Jeff Lambert, Pastor  
(Home 842-1151, Cell 653-7982)  
David Brackett, Program Director  
Linda Towers, Administrative Assistant  
Marti Redden, Children's Director  
Ken Powell, Music Director  
Adolph Canales, Sexton  
Greta Satterwhite, Preschool director

# Celebrate

...I will celebrate before the Lord. 2 Samuel 6:22b

We packed and sent 24 health kits to Zimbabwe!

We sent \$689 to Holston Home for our 5th Sunday offering.

Many thanks to all who donated (and all who tried) blood during the drive on May 28. Twenty-six units of blood were donated.

Arizona Mission Trip: Twenty-two youth and adults went to the Navajo Indian Reservation on this year's mission trip. The group worshipped in a worship service carried out in Navajo and English, conducted a VBS, visited door-to-door, and completed many projects including fixing a leak under a floor, painting a porch, repairing a roof on a shed, working in a thrift store, weedeating, weed pulling, repairing and plumbing pipe and pouring concrete. All of this was done for the glory of God in Window Rock, Arizona.

VBS was awesome this year! *Chagy the Clown* really blessed us with his ministry. His card reads "Clowns bring laughter but only God brings joy." How true! *Chagy* was very funny but his message was touching and powerful. What a wonderful opportunity to renew our relationship with Jesus Christ.

## Youth Calendar July

- 4 9:45 Cornerstone Sunday School (Smith, Keith/Jane)  
No Youth Activities due to 4th of July holiday
- 7 6:30 The Wall Program & swimming. Meet in Loft
- 11 9:45 Cornerstone Sunday School (Watkins)  
11:00 Worship  
4:45 Youth Mentor meeting—Loft  
5:15 Rock Café  
5:30 Open Gym  
6:00 Foundation Bible Study—Commandment #8  
7:30 Kick Ball
- 14 6:30 the Wall Program & "Frisbee Night"—Loft
- 15 9:45 Cornerstone Sunday School (Billingsley/  
Pilgrim)  
11:00 Worship  
4:45 Youth Mentor meeting—Loft  
5:15 Rock Café  
5:30 Open Gym  
6:00 Foundation Bible Study—Commandment #9  
7:30 Kick Ball
- 21 6:30 The Wall Program & swimming at Fontaine  
Woods/Smith's—meet in Loft
- 25 9:45 Cornerstone Sunday School (Bourne)  
11:00 Worship  
4:45 Youth Mentor meeting—Loft  
5:15 Rock Café  
5:30 Open Gym  
6:00 Foundation Bible Study—Commandment #10  
7:30 Kick Ball
- 28 6:30 The Wall Program & help with IHN—Loft

## Kid's Korner

WOW!!!! What a VBS! Could we have had anymore fun?

The stories were great; the crafts and music wonderful; the recreation was great fun! And what about those ants for refreshments? Boy, they were tasty.



All those workers deserve an extra big HUG for all they did. OH!!!! We will never forget *Chagy* and all his tricks and ministry. Such a good week the children wanted to come two more days.

## Activities and Opportunities

**The office** will be closed Monday, July 5.

**Movie Nights** outside on the church lawn at 8:30:  
July 10—*Monster's Inc.* July 24—*Cars*  
Aug. 1—*To Save A Life* (Fellowship Hall—child care provided)

**Join the Choir**—The summer is a great time to join the choir! Rehearsals are from 6:30—7:45ish on Wednesday evenings. Maybe consider being part of the choir during the summer months! Questions—contact Ken Powell, 650-5123 or kennethjpowell@me.com

**Instrumental Musicians Needed**—Do you play guitar, drums, or another instrument? Would you like to participate musically at RBUMC? Please consider using your musical training and skills as a part of our ongoing effort to provide worship ministries that bless our church family. Contact Ken.

**Snacks are needed** for the Memorial North Park ICU Waiting Room. Cash donations are also welcome. Donations/Monies may be left in the Armstrong Lyons Classroom or give to Jerry Tollett. Please mark your check accordingly. You may contact Jerry at 266-1596.

# July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 6:45 AA Meeting  Canada Day	2 9:00 Exercise Class	3
4  Independence Day	5  Office Closed	6 7:00 Evangelism Committee 7:00 Stanfield Small Group	7 9:00 Exercise 6:30 Youth Bible Study  6:30 Choir Practice	8 6:45 AA Meeting	9 9:00 Exercise Class	10
11	12 6:30 Men's Bible Study  9:00 Exercise Class	13 6:30 Preschool Board Meeting  7:00 Stanfield Small Group	14 9:00 Exercise 6:30 NCD 6:30 Youth Bible Study 6:30 Choir	15 6:45 AA Meeting	16 9:00 Exercise Class	17
18	19 6:30 Men's Bible Study  9:00 Exercise Class	20 7:00 Stanfield Small Group	21 9:00 Exercise 10:30 Young-at-Heart 6:30 Youth Bible Study 6:30 Choir	22 6:45 AA Meeting	23 9:00 Exercise Class	24
25  IHN	26 6:30 Men's Bible Study 9:00 Exercise 6:00 Coley Small Group	27 7:00 Stanfield Small Group	28 9:00 Exercise Class 6:30 Youth Bible Study 6:30 Choir	29 6:45 AA Meeting	30 9:00 Exercise Class	31